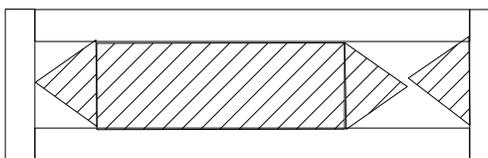


**Scrappy Swimming Fish Quilt Block
and the Quilt Pattern
“Swimming Upstream”
©Create with Claudia**

Quilt Block Instructions



Block Specs

- Finished block measures 4 ½ inches by 9 ½ inches
- Scant ¼ inch seam allowance is used

Supplies Needed

Various fabric scraps
Basic sewing supplies

Cutting Instructions (For one block)

For the fish:  One - 2 ½ inch by 4 ½ inch rectangle
Three - 2 ¼ inch squares

For the background:  Three - 2 ¼ inch squares
Two - 1 ½ inch by 4 ½ inch rectangles
Two - 7 ½ inch by 1 ½ inch rectangles

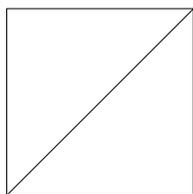
Assembling the Block

Making the Half Square Triangles

Note: I made the fish tail and head using half square triangles, and these instructions are for that method. If you would prefer, you can easily use one flying geese unit for the head and two for the tail. The flying geese unit should measure 2 ½ inches by 1 ½ inches.

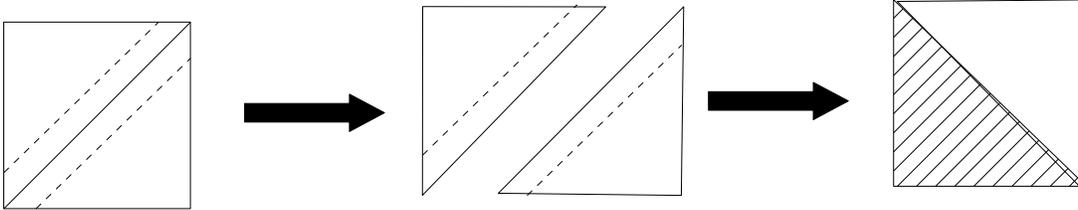
First, make the half square triangles for the head and tail. You will need the 2 ¼ inch squares.

On the back (wrong) side of one of the squares of the background fabric, draw a diagonal line.



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With right sides of fabric facing each other, take one of the fish fabric squares and line it up on top of the square you just drew the diagonal line on.

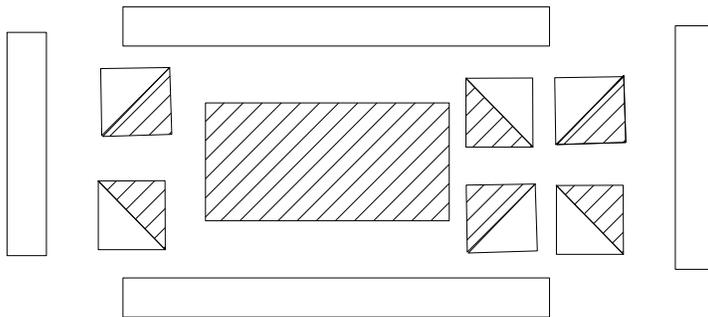


Using a scant $\frac{1}{4}$ inch seam allowance, sew along both sides of the drawn line.

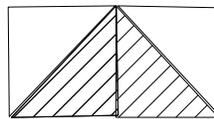
Cut along the drawn line and press open. To avoid bulk when assembling the block, press one of the half square triangles towards the darker fabric and the other one towards the light fabric. You will have two half square triangles. Trim down to $1\frac{1}{2}$ inches square.

Repeat two more times. You will end up with a total of 6 half square triangles.

Finishing the Block



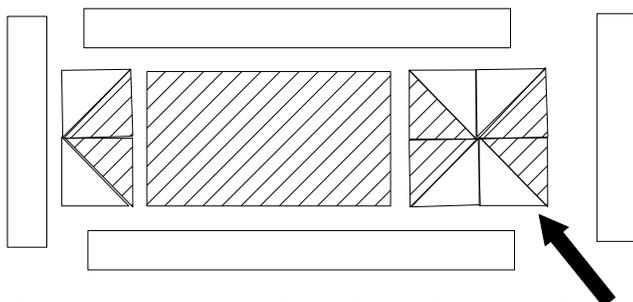
Lay out the block pieces as shown above.



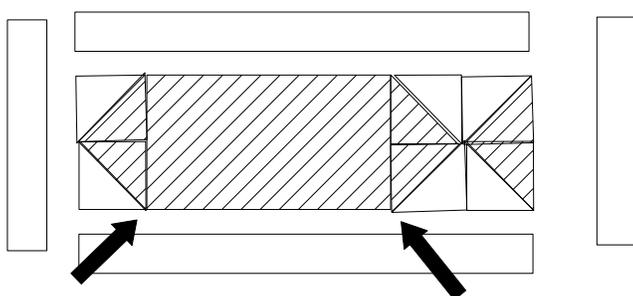
Sew together two half square triangles to form one unit. It should measure $1\frac{1}{2}$ inches by $2\frac{1}{2}$ inches.

Repeat with the remaining half square triangles.

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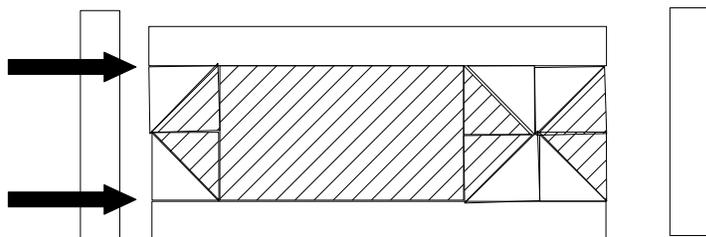
Take two of the units you just made and sew them together, with the points matching. It will look like an hourglass block.



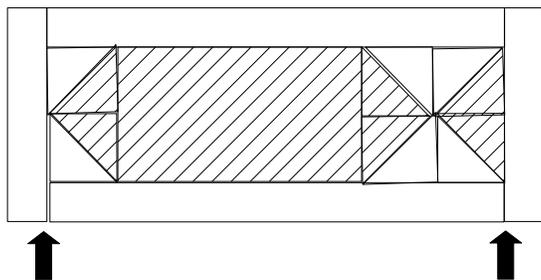
Attach the hourglass unit to one of the short ends of the 2 ½ inch by 4 ½ inch rectangle.

Next, attach the remaining half square triangle unit to the other end of the rectangle.

You now have your fish and it should measure 7 ½ inches long.



Add one of the longer strips to one of the long sides of the fish. Press open. Next, add the other long strip to the other side of the fish. Press open.



Lastly, add the two shorter strips to the block, one at the top, and one at the bottom. Press open.

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Assembling the Quilt

For the quilt “Swimming Upstream” you will need a total of 28 of the completed fish blocks and 7 end units. The finished quilt measures approximately 28” by 40”.

Fabric Requirements for the Quilt Top (generous amounts are listed)

- For the Fish: Various scraps totaling 1 ½ yards
- For the Background: Various scraps totaling 2 yards
- For backing you will need approximately 1 ¼ yards
- Binding fabric requirements will depend on how you bind your quilt

Cutting Instructions

For the Fish:

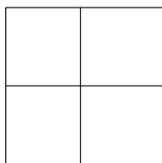
- 28 rectangles: 2 ½ inches by 4 ½ inches
- 84 squares: 2 ¼ inches by 2 ¼ inches

For the Background:

- 84 squares: 2 ¼ inches by 2 ¼ inches
- 56 rectangles: 1 ½ inches by 7 ½ inches
- 56 rectangles: 1 ½ inches by 4 ½ inches
- 28 squares: 2 ½ inches by 2 ½ inches

First, assemble 28 of the Scrappy Swimming Fish quilt blocks. Set aside.

Next assemble the end units. Take four of the 2 ½ inch squares and sew them together as shown.



Make a total of seven of these units.

They will go on alternating ends of the columns to offset the fish.

Lay out the blocks following the pattern. Each column will have one end unit and 4 fish blocks.

To complete the quilt top, piece each individual column together first. Once they are done, sew the columns together.

The completed top should measure approximately 28 inches by 40 inches.

Quilt and bind using your preferred method.

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Layout for “Swimming Upstream” Quilt

