

# Aum (Om) Quilted Wall Hanging Pattern

*Design by Create with Claudia*



The Aum (Om) symbol has deep sacred meaning and is one of the common emblems found in yoga. In this Aum (Om) quilt pattern, the symbol has been added to a central panel to make a small wall hanging that looks beautiful anywhere.

## Pattern Specifications

- Finished Quilt Size: 30" x 30"
- Use a scant 1/4 inch seam allowance

| Fabric Needed                            | Cutting Instructions                |
|--|-------------------------------------|
| Fabric A – Fat Quarter                   | Fabric A – One 10 1/2 inch square   |
| Fabric B – Fat Quarter                   | Fabric B – Four 6 1/4 inch squares  |
| Fabric C – Fat Quarter                   | Fabric C – Four 6 1/4 inch squares  |
| Fabric D – 1/2 Yard                      | Fabric D – Eight 6 1/4 inch squares |
| Fabric E – 1/2 Yard                      | Fabric E – Eight 5 1/2 inch squares |
|  | Fabric E – Four 6 1/4 inch squares  |
| Fabric F – Fat Quarter                   | Fabric F – Four 5 1/2 inch squares  |
| Fabric G for the Aum (Om) Appliqué Shape | Fabric G – 11" square of fabric     |
| Backing and Binding: 1 1/2 Yards         |                                     |
| Batting: 1 Yard                          |                                     |

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Best efforts have been made to ensure that the instructions are correct, however sometime errors occur.

If you have any questions, please contact us at [claudia@createwithclaudia.com](mailto:claudia@createwithclaudia.com)

## Additional Supplies Needed:

Fabric  
Paper backed fusible web (for appliqué shape)  
Basic sewing and quilting tools

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## Making the Quilt

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### Step 1: Prepare the Appliqué Aum (Om) Sign

***Pattern Option: If preferred, you can leave the symbol off of, or add a different one to, the center panel. This quilt would look good with whatever you choose.***

First, print out the Aum (Om) sign template on letter size paper (template at end of this pattern). Note that the template is backwards. Once it is applied to the fabric it will be in the correct position. It should measure approximately 8 ½ inches long and wide when printed. You may need to adjust the size a bit.

Cut out a piece of the paper backed fusible web that is large enough to cover the entire appliqué template.

Lay the fusible web, with the paper side facing up, on top of the printed template. Trace around the entire shape.

Don't cut out the individual shapes yet. Only cut around the outside of the entire traced symbol to get rid of all of the excess.

Lay the square of fabric G on the pressing surface with the wrong (back) side facing up.

Following the manufacturer's instructions, apply the fusible web, with the traced symbol on it, to the BACK of Fabric G. Allow to cool.

Cut out the shapes.

### Step 2: Adding the Aum (Om) Symbol to the Center Square

Remove the paper backing on the Aum (Om) symbol shapes. There will be a slightly sticky and rubbery texture left on the fabric. This will be the side that should be against (facing) the right side (front) of the fabric A square.

Lay the shapes on the FRONT side of the fabric A square. Center them and make sure they are in place.

Before pressing them into place, make sure they are laying flat and in the correct position.

Press according to the fusible web manufacturer's instructions. Set aside to cool.

If desired, use a decorative stitch around the appliqué shape.

### Step 3: Make the Half Square Triangles

To make the half square triangles you will need all of the 6 ¼ inch squares and they should be matched up as follows:

Fabric B with Fabric C – 2 squares of each to make 2 pairs

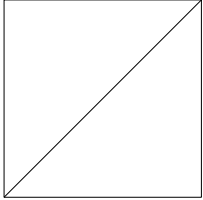
Fabric C with Fabric D – 2 squares of each to make 2 pairs

Fabric B with Fabric D – 2 squares of each to make 2 pairs

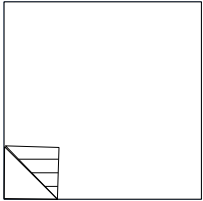
Fabric D with Fabric E – 4 squares of each to make 4 pairs

### Half Square Triangle Directions

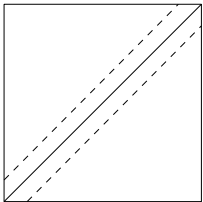
Take one square of fabric B and one square of fabric C.



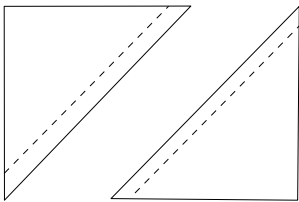
Draw a diagonal line on the back (wrong) side of the lighter square. This will be your sewing guide.



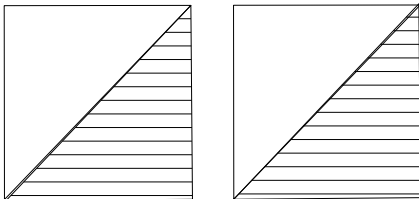
Line up one square of fabric B on fabric C with front (right) sides facing each other.



Using a scant ¼ inch seam allowance, sew along both sides of the diagonal line drawn earlier.



Cut down the center, along the line that was drawn earlier. You will have two blocks that now need to be pressed open.



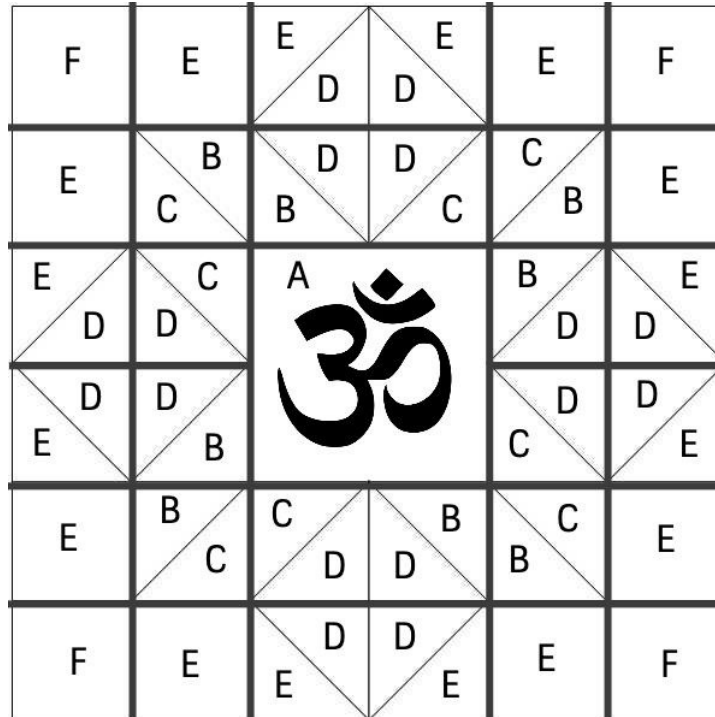
Trim the blocks down so they measure 5 ½ inches by 5 ½ inches.

Repeat with the remaining pairs. When finished you will have the following half square triangles:

- 4 half square triangles made up of fabrics B and C
- 4 half square triangles made up of fabrics C and D
- 4 half square triangles made up of fabrics B and D
- 8 half square triangles made up of fabrics D and E

## Step 4: Piece the Top

### Quilt Layout:



Lay out the 36 blocks as shown. (*Letters indicate fabric*)

Sew together the blocks in each row first. When sewing the rows that contain the larger center, sew the squares on the left and right of the center together first. Then add them to the larger central panel.

Once the individual rows are pieced, sew each row together in order.

Press.

Add batting and backing. Quilt and bind as desired.

The companion video tutorial on making this quilt can be found on my YouTube channel: **Create with Claudia**

**Aum Template for printing** – This is backwards for easy tracing. Once traced and put onto the fabric, it will be in the correct direction.



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